



SENTRY
INSURANCE

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Don't Let Manual Material Mishandling Leave Your Facility Flat on Its Back

Adopting Sentry's recommended procedures can help you reduce your material mishandling exposures.

Sentry is a leading provider of insurance and safety services for the printing industry. Put our expertise to work for you.

Sentry's experienced safety professionals recommend that printers adopt material mishandling prevention procedures covering:

- Manual lifting, safety and back injury prevention
- Housekeeping and floor maintenance
- Job safety and hazard analysis
- Job rotation and enlargement
- Employee wellness, exercise and stretching programs

These recommendations, designed to help you reduce your claims, are detailed in *Sentry Solutions – The Guide to Manual Material Handling*.

With Sentry's help, you'll spend less time worrying about material mishandling and more time focusing on running your business successfully.

Visit us at sentry.com for more information on reducing risks associated with your business.

Sentry Insurance – We know your business.

Claim File

A printing employee was lifting finished stock from a floor-level pallet when he experienced back pain. He reported the incident immediately and tried to return to work the next day, but his back pain continued. Two emergency back surgeries were needed to correct a herniated disc. Medical bills, lost time and indemnity payments totaled more than \$250,000.



Products and safety services are underwritten, issued and/or administered by a member of the Sentry Insurance Group, Stevens Point, WI. For a complete listing of companies, visit sentry.com. Policies, coverages, benefits and discounts are not available in all states. Certain restrictions apply. See policy for complete coverage details.

This page contains general information on reducing risk. Sentry recommends that you consult with your legal counsel as appropriate.

PRINTING EXPOSURES
MANUAL MATERIAL HANDLING

S T R E N G T H • P R O T E C T I O N • V I G I L A N C E

SINCE 1904